Program logic model for the *National Standard for Mental Health and Well-being for Post-Secondary Students*

Mental Health Commission of Canada | Commission de la santé mentale du Canada

PSI Cultural Outcomes	• Socialization of the idea that student mental health is an institutional responsibility • More integration of social determinants of health (e.g., housing, affordability, etc) with student mental wellbeing • Reduction in stigma at the cultural & structural level • Students & staff feel their PSI is psychologically safe & has a supportive mental health culture • Students & staff feel PSI has healthy (non alcogenic) substance use culture (e.g., recovery support, alcohol free events, harm reduction) • Mental health-supportive infrastructure embedded throughout programming, admin, policies, strategies and other PSI services & activities • Culture of evaluation and continuous improvement
Student/staff Outcomes	• Increased student awareness of mental health and supports services • Increased help seeking/using of supports, on & off campus • Increased use of positive coping e.g. improved life and resiliency skills • Reductions in interpersonal and self stigma • Increased mental health literacy among staff and improved capacity to respond to students in distress • Increased / retention and improved opportunities for student success • Student engagement and input in campus mental health priorities and work
PSI Institutional Outcomes	• Understanding of alignment and gaps vis-à-vis the Standard • Infrastructure for PSS implementation (e.g., mental health strategy/ dedicated staff) • Dedicated / increased resources for mental health (e.g. funding, staff, physical spaces) • New & expanded mental health programs & services • Improvements in access to mental health supports & services • Policy changes • Establishment of metrics to assess progress / outcomes • Training for staff & faculty / increased mental health literacy & capacity of staff & faculty • Increased cross-departmental collaboration
Key Activities & Outputs	• Access and familiarize Standard and implementation and evaluation resources • Completion of assessment/audit • Identification of champion(s), committee(s), working group(s) • Student and staff engagement activities
Inputs / Key External Resources	• National Standard for Mental Health and Well-Being for Post-Secondary Students • Implementation and evaluation resources (e.g., implementation toolkit, Campus Mental Health Action Tracker, webinars) • Support organizations (e.g., MHCC, SRDC, Best Practices Network) • Provincial Communities of Practice • Implementation grants