

Tying it all Together with Assessment & Evaluation

Session Featuring:

Sandra Yuen, University of Toronto
Andrew Szeto, University of Calgary
Lina Di Genova, McGill University

Outline

- Assessment and Evaluation Trends
 - Program Evaluation
 - *Sandra Yuen, University of Toronto*
 - Campus Prevalence Data
 - *Lina Di Genova, McGill University*
 - Evaluation of Campus-Wide Mental Health Strategy
 - *Andrew Szeto, University of Calgary*
- Next Steps for BP-Net Activity

Assessment & Evaluation Trends




- New Tools and Possibilities
 - New perspectives on service delivery and programming efficacy
 - Attending to readiness and change assessments
 - Resiliency
 - Universal design for learning principles
 - Variety of supports and new programs to measure
 - From emerging to best practices
- Align with institutional model & mental health strategies

Assessment & Evaluation Trends

- Greater Focus on Accountability and Quality Assurance
 - Program Evaluation
 - Climate / Prevalence Data Example
 - Campus-Wide Mental Health Strategies

What are our students dealing with?

Canadian Comparisons

<p>Mental Health</p> <p>1 in 4 diagnosed or treated within the last year</p>  <p>(↑ 5% from 2013)</p>	<p>Academic Impacts</p> <p>Conditions affecting academic performance of more than 20% of students:</p> <p><i>Stress , Anxiety, Sleep, Depression</i></p> 	<p>Feeling Overwhelmed</p> <p>91% felt overwhelmed by all they had to do within the last year</p>  <p>(Findings similar to 2013)</p>
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McGill

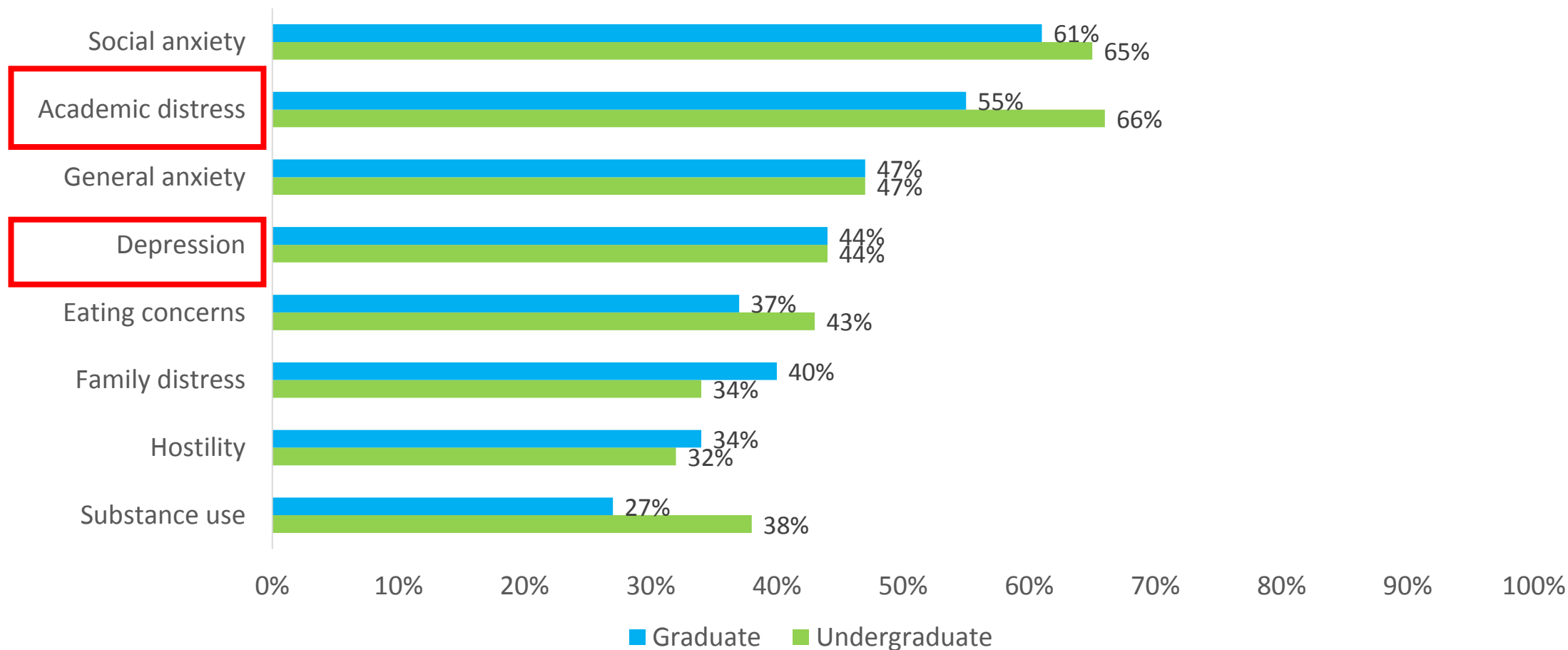
Campus Prevalence Study

- The Mental Health and Counselling Benchmark Study is endorsed by NASPA Knowledge and Assessment Consortium (<http://www.naspaconsortium.org/>)
- Comprised of student demographic questions and 62 items from the standardized instrument entitled Counseling Center Assessment of Psychological Symptoms (CCAPS-62)
- Center for Collegiate Mental Health (CCMH) at Penn State University
- Psychometrically reliable assessment tool with eight subscales related to psychological symptoms most common in university students

What are our students dealing with?

Undergraduate /Graduate Comparisons on 8 Subscales

Please note that the subscales are not official diagnoses



What are our students dealing with?

US Comparisons

- Higher proportion:
 - endorsed Depression and Academic Distress subscales*
 - seriously considered attempting suicide at least once in their lifetime (18% compared to 13% for AAU, ** $p < .01$)
- 1 in 10 respondents seriously considered attempting suicide while at McGill

*Please note that the subscales are not official diagnoses

Tying it all Together with Assessment & Evaluation

Guiding Questions:

**Who are we
serving?**

**What is
their
experience?**

**What is
missing?**

**What are
our next
steps?**

A Few Assessment & Evaluation Resources

- American Evaluation Society: <http://www.eval.org/>
- Canadian Evaluation Society: <https://www.evaluationcanada.ca/>
- Canadian Mental Health Association Ontario – Quality Improvement: <https://ontario.cmha.ca/provincial-policy/health-systems-transformation/quality-improvement/>
- Canadian Health Promoting Universities & Colleges Network: <http://www.healthpromotingcampuses.ca/>
- Center for Collegiate Mental Health: <http://ccmh.psu.edu/>
- Centre for Innovation in Campus Mental Health: <http://campusmentalhealth.ca/>
- Environmental Scan of Promising Practices and Indicators Relevant to Campus Mental Health: <http://campusmentalhealth.ca/wp-content/uploads/2015/07/Final-Environmental-Scan-Report-May-26-2015-PDF.pdf>
- Healthy Minds | Healthy Campuses: <https://healthycampuses.ca/>
- Higher Education Quality Council of Ontario: <http://www.heqco.ca/en-ca/Pages/Home.aspx>
- Network for Improvement & Innovation in College Health: <https://collegehealthqi.nyu.edu/>
- Ontario Shores Program Evaluation Course: [http://www.ontarioshores.ca/research and education](http://www.ontarioshores.ca/research_and_education)
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